

# The Heart To Heart TRANSPLANT

And  
How To Do It Etherically

Conscious Use Of The Sub-  
Conscious To Promote  
Active Health With  
Passive Thinking

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On Dec. 3, 1967 the civilised world was electrified by news from South Africa. Dr. Christian Barnard, heading a team of 30 surgeons, successfully transplanted a human heart. A still-beating heart was taken from the body of a woman fatally smashed in an automobile accident. The worn out organ of the grocer, Louis Washkansky, was removed, and the healthy organ of the 29-year old woman was put in its place. Washkansky was 55. 18 days later he died anyhow. The healthy heart continued beating but it was congestion in his lungs and other physical deterioration which caused Washkansky's death.

This wasn't the first vital organ transplant by any means nor will it be the last, but it gave a thrill of hope to thousands of heart patients the world over on the brink of the grave. The blaze of publicity which flashed around the planet was beyond belief. Sensation-seeking journalists trumpeted the cry of possible immortality. Thinking people, on the other hand, raised very serious questions about the practicality and the morality of this spectacular surgical success. The most important of these is the question which doctors themselves cannot answer with any certainty. When is a person dead?

A good public example would be the near-fatal automobile accident of Lev Landau in 1962. He was a famous Russian physicist and winner of the Nobel prize. His skull was fractured, brain damaged, pelvis and hips shattered, and arms and legs paralyzed. Four times during his early weeks in the hospital his heart stopped completely and was only started again by electric shock and massage. If Russian doctors had been looking for an undamaged heart to put into someone else at that time, Lev Landau would have been an ideal donor! Considering the fact that he recovered from the accident and returned to his career, to have removed his heart would have been to commit murder. This is the moral issue which confronts any doctor who contemplates heart-transplant surgery. It also confronts the elderly, wealthy heart patient who hopes to buy someone else's organ to prolong his own life! And, perhaps without the consent of the donor or his surviving relatives.

Two examples out of the news which followed the original transplants well illustrate the legal and ethical issues. The first is from Richmond, Virginia, reported May 31, 1968.

## "RITES DELAYED -- WAS HEART GIVEN AWAY?"

"The funeral of a Richmond Negro is being held up until the family can determine whether his heart was used in a successful transplant operation. The move, guided by an attorney, is aimed at forcing officials at the Medical College of Virginia Hospital to break their silence on details of an operation and tell whether the live heart transplanted from one body to another belonged to Bruce Oliver Tucker, 58, as reported unofficially.

"There was no authorization for an autopsy or any transplant,' attorney L.D. Wilder said concerning the disposition of the body. 'In fact, no member of the family knew of the death until late Saturday.'

"Tucker died of massive brain damage after a fall last Friday. The transplant operation was performed early Saturday afternoon. The hospital, in a statement Thursday, broke its silence on the transplant -- but only to the extent of confirming that Joseph G. Klett, 54, an Orange, Virginia white man, was the recipient.

"The patient's condition is very satisfactory,' the announcement said. The statement made no mention of the heart donor."

So here's the first public admission of a "black market" in vital organs, one which certainly wont help to promote better relations between whites and blacks!

Another possible source of vital organs for this gruesome traffic in human flesh is murder victims! But in this area, surgical teams hungry for money and glory, face a legal tangle which should cause them to think twice if they have any intelligence at all; for courts will have to decide who is the real murderer -- the man or woman who pulled the trigger? -- or the doctor who removed the victim's still beating heart? Associated Press put this one on the wire from Houston, Texas, May 12, 1968.

## "HEART STILL BEATS BUT TWO FACE MURDER CHARGE"

"Two men have been charged with murder of a man whose heart continues to beat! The victim was declared dead by the county medical examiner's office three hours before the hospital said he died. Charged with murder in a Justice of the Peace court were Robert Damon Patterson and Alfred Lee Branom, both 19 and from Houston.

"The question as to when a person is legally dead arose a week ago after a surgical team at St. Luke's Episcopal Hospital performed its third heart transplant operation in five days. During the surgery the heart of Clarence Nicks, 32, was implanted in the chest of John Stuckwisch, 62. Stuckwisch was reported making a 'dramatic recovery' Sunday. Nicks, victim of an April 23 beat-

ing, was declared dead at 10:30 a.m. by Dr. Joseph Jachimczyk, county medical examiner, when he was notified that the attending physician could find no electrical activity in the patient's brain and no evidence of life.

"Jachimczyk said he was then told by Dr. Denton A. Cooley, head of the transplant team, that Nick's heart was being kept alive mechanically and therefore, Nicks was not dead as far as the hospital was concerned. The doctors used the term 'viable' concerning the heart -- meaning 'capable of living'.

"The transplant team notified the medical examiner that the heart had ceased functioning at 1:58 p.m. The surgery in which Nick's heart was implanted in Stuckwisch's chest began six minutes later. Since Nick's death was ruled a homicide, the transplant posed other questions:

-- An autopsy is required in homicide cases, and could an autopsy report be considered complete with the heart missing?

-- If a total autopsy is impossible can it affect the prosecution and defense in a murder trial?

-- Can a heart transplant team be prosecuted for interfering with a planned autopsy by removing a homicide victim's heart?

"Perhaps homicide cases will be excluded as transplant donors," Jachimczyk said. . . although (he) ruled that Nicks died of brain damage, he said before the autopsy that defense attorneys very well might contend that Nicks was not killed in the beating but by the transplant or by something that happened in between.

"The question is whether we are striving for successful prosecution or an ultimate benefit of an individual," Jachimczyk said. 'Because I am a physician as well as a medical examiner, I can fully understand the dilemma.'

"Jachimczyk met with the surgical team and hospital officials following the transplant to start work on the development of guidelines."

These two cases alone, and there must and will be others, should be enough to cool the original furor so that wiser heads will prevail. Not only in Houston, Texas but elsewhere teams of medical men are setting up safeguards to protect their profession and the public from possible scandals and abuses in this spectacular but dangerous field. But now that some leading surgeons have involved their profession and the public in merchandising the most vital organ in the body, let us hope they have opened the door to a greater understanding of the life forces which sustain the body. It is to be hoped that out of this will come a more spiritual approach to Materia Medica.

## CONSULTING THE HIGHER CONSCIOUSNESS

We think the best answer to the problem of a heart damaged through wrong living is to correct the living pattern. Then the great healing forces of the Etheric Double and the physical body can repair the damage. The transplant would be between the spirit heart and the physical heart, within your own system. This is the spiritual angle to the healing of human ills about which medical schools know little and teach less.

There are other psychic angles which are beyond the ken of most doctors but we are free to discuss them here. They do recognize that vital organs and tissue from one person are alien to another person; so they speak of the "rejection mechanism" of the human body. And they have discovered drugs which help to inhibit this natural safeguard which to them is one of the body's defense mechanisms. Doctors don't recognize the existence of the soul or Higher Self so the rejection is not attributed to the command of a Higher Consciousness!

It seems that the transplant concept will not work until this higher controlling Intelligence is taken into consideration and consulted. Here we have to accept the probability also that Spirit doctors are observing all this from their side of the Veil. Those of you who have heard our previous talks on spiritual healing, or read them -- "Psychic Surgery in the Philippines" and "Three Great Aquarian Age Healers" -- know what we mean.

If an earthly doctor is inspired to do a transplant, a donor is handy, and a transplanted organ is accepted by the subject and made a functioning part of his living organism, in our view it can only be because Spirit force has decreed it. Karma would be the controlling factor. If the heart donor owed a life to the soul over-shadowing the body of a heart patient and the transplant were successful, then the donor would have chosen to pay off his karmic debt in this way. The heart surgeon then, would only have been the handy physical instrument through which the debt could be paid. Dr. Blaiberg, Dr. Barnard's second transplant attempt is still alive and well months after the operation. This might be a good example of Karmic obligation paid off by the colored man who was the heart donor.

On the other hand orthodox science may have denied to Dr. Blaiberg an experience that his soul or Higher Self was truly seeking in January 1968 and that was rebirth into the Spirit world! Life or experience on the other side of the Veil is just as important to soul growth as is life here in the flesh; so it is morally wrong to trick the person into hanging on to a worn out body with drugs, surgery and other medical hocus-pocus. The medical view is, of course, that it is kindness, charity and wisdom to prolong life in a body by every means possible as long as the victim's pocketbook holds out; but is it really wise to disrupt the Karmic pattern and progress of the real man, the soul, by arbitrarily prolonging physical life?

## THE DONOR AN OBSESSING ENTITY?

There is another psychic angle to the heart transplant which is totally ignored by the doctor, the donor and the patient who gets the transplant. This is the living connection between the donor and his vital organ. His body is dead; the removal of the heart has guaranteed that; but the heart is alive and still attached to the real owner by a subtle etheric connection to the donor's spirit body or etheric double. This means that the donor is not free to pass on to the spirit realm as he planned. He is an earth-bound entity, unwilling prisoner in the aura of the transplant receiver. If the donor's personality is not compatible with that of the receiver, there will be a real conflict here which is more spiritual than physical.

An Adept of Power, Wisdom and Love could undoubtedly sever the etheric connection and free the donor if he were aware of the case and so desired; but the motives of the earthly principles in this medical drama are so material-oriented that high Spiritual forces are not likely to be attracted to the case.

To high Spirit forces, vivisection is one of the worst crimes that man can perpetrate on the animal kingdom. Any surgeon skilled enough to be ready for heart transplants has already bloodied his heart and soul with years of experimentation on live animal bodies. I believe it was said that Dr. Barnard had practiced for seven years on animal heart transplants before he felt ready to "practice" on humans. This callous use of God's helpless creatures in a cause of doubtful moral value is not likely to attract those high Spirit forces whose presence only can assure the success of such an operation.

Earthly doctors are working with an incomplete set of figures. Their medical equations will never balance until they consider the total man. To affect a real cure of a sick human being they must learn to recognise and consult with the Spirit world and Spirit doctors.

The way to the understanding of this has been opened by J. Bernard Hutton's book, "Healing Hands". In it Hutton describes case after case of successful Spirit surgery by Dr. William Lang through medium George Chapman at the Aylesbury Clinic 40 miles northwest of London. From Hutton's talks with Lang, while the Doctor was occupying Chapman's body, we learn that Spirit doctors are in attendance at all operating rooms and clinics in the physical world. If doctors and nurses could open their hearts and minds to Spirit guidance there would be a healthier, more intelligent approach to curing disease; for the Spirit doctor is more directly aware of the psycho-somatic causes of disease. He can also be aware of the soul's desire, in the case of serious illness, whether or not the purpose is to terminate that physical life. In any event, a more spiritual approach

to healing would obviate the necessity for most organ transplants. For the all-important place of what Dr. Lang calls the Spirit body should be recognised. If Spirit surgery corrections are made in the spirit body or Etheric Double, cure of the physical ills should follow as a matter of course if the patient wants to get well! The heart transplant is then made between two of the personalities own bodies. In fact, if one considers the steady replacement of worn out tissue with new tissue, transplantation is going on all the time! Then there need be no worry about rejection because of alien vibrations. What we must learn to understand is the principles by which wrong conditions are created in the etheric body and physical body and how those conditions can be corrected; otherwise, the new tissue is going to be created in the same old, bad pattern.

Even in the case of a so-called successful heart transplant, if the patient doesn't change his way of living, he's going to wear out and wreck the new heart. "As a man thinketh in his heart, so is he," says the Bible. What kind of "thinking" is it then which causes disease? Science doesn't recognize any causes other than physical ones; so to investigate the mental and emotional causes of disease we'll have to turn to occult science, and learn something of the dynamic action of passive thinking.

#### THINKING AND BREATHING

In his monumental work, "Thinking and Destiny", Harold Waldwin Percival takes us behind the Veil of the flesh. There he clearly outlines the functional relationship between mind and body, and that all-important go-between, the Etheric Double.

Thinking or thoughts are put in touch with the respiratory system through the heart -- thus the Bible quotation above. Thoughts can be acted on by breathing and they can affect the breathing. The science of breathing is concerned with conscious control of the breath, thus thought is controlled also. Here we have the key to mental control or maintenance of health. Disease is thought manifested in the physical body.

Breathing and thinking are indeed so closely related that we can say both are the cause of physical disease. A thought which is out of harmony with life is carried into or impressed upon the blood by the breath. The blood circulating through the physical body silently speaks that discordant thought into physical existence as disease.

The causes of ill health can generally be divided up into four categories related to the four elements of occult science: Fire, Air, Water and Earth.

Earth relates to the digestive system with thoughts of food, drink and physical possessions of all kinds.

Water relates to the circulatory system with thoughts of

anger, envy, enmity, jealousy, revenge and ingratitude. Blood is a higher form of water!

Air relates to the respiratory system which contains thoughts of pride, ambition, servility, conceit and remorse.

Fire relates to the generative system. This contains sex thoughts. Thoughts of regeneration and purification are also contained here for the person or student of metaphysics determined to overcome his vices. The generative system is more comprehensive than most people imagine. It contains the spinal cord, the quadrigemina, the pituitary gland, the pineal gland, the optic thalami, nerves and eyes, organs of the throat, the mouth and breasts, and also the kidneys and suprarenals.

All these systems are kept going by the breathing or respiratory system. This system corresponds to the life world.

#### THE HIGHER PLANES

In the Inner or Life world the thought has a characteristic sound and color. The physical body adjusts to that silent or inner sound because the four elements respond to it, and our bodies are made up of the four elements. They build into the body the corresponding quality or lack of it. out of the Etheric fire, air, water and finer physical matter which circulates through everything. As the elements are built into the thought form it becomes solid matter. The breath and the blood are the agents by which this building is accomplished. If the commanding thought is in harmony with the life force of the Creator, the result in the flesh is health. If the commanding thought is dissonant or out of harmony with the life force of the Creator, the result is disease.

There is another factor here which is all-important, that of the emotions. The thought form must be ensouled or filled with desire before it can manifest in the physical. Breath could be said to represent the higher or mental side of life force. Blood represents the lower or desire aspect of life force. We know that when blood courses most strongly through our arteries, passions are strong, too. Wherever the point of concentration of the attention is in the body, there the blood flows. The average person, of course, has no conscious awareness of this process. He doesn't know what he can do or is doing to himself by thinking.

There is a psychic atmosphere surrounding the person. This goes in and out of the body with the tidal motion of the physical breath, but it is not limited to the passage of air in and out of the lungs. It comes in with the in-breathing and out through the pores of the skin. It comes in through the pores of the skin and out with the out-breathing. A balanced flow of these energies means health. Wrong thinking affects this flow in two different ways. Wrong thoughts can either over-stimulate the flow of blood to where there is congestion, or they can restrict the flow of



blood to where there anemia. So all human disease, pain and suffering can be reduced to this simple postulate: Too much or too little! The diagnostic problem for the healer, then, is to determine which condition is bothering his patient. If he is over-stimulated to congestion he needs to be calmed down and cooled off. If he has restricted the flow of his energies he needs to be stimulated or heated up.

#### RED AND BLUE LIGHT

A hundred years ago, in Philadelphia, Dr. S. Pancoast based his (her?) practice on this principle and found that red or blue light, shining on the patient, was a major factor in bringing about a re-balancing of the life forces. Red light, as a warm, stimulating color, was indicated in cases of anemia. Blue light, as a cool, calming color, was indicated as a treatment in fever diseases and conditions.

If you can find a copy of Pancoast's book, "Red and Blue Light", and read it, you will find that the good doctor was a student of occult science, in the Western Mystery Tradition of the Kabala. One of his sources of information on the deep subject was an old and battered copy of Rittangel's "Sepher Yetzira", published in Amsterdam in 1660. But he found that color therapy traced back to Pythagoras, in early Greece, and to Egyptian temples of color healing thousands of years before that. He also learned of the four elements and their relation to disease from the father of modern medicine, Paracelsus.

Disease is the final outpicturing or exteriorization of thoughts and desires which have been held inwardly for years. The physical suffering is the boiling off of the sediments which have been accumulating. The cycle of illness is well known to the medical practitioner. What isn't known or recognized by medical science is that the Higher Self is behind the whole process, bringing about a balance of the life forces in mind, emotions and body.

A second purpose of the purging is to teach the Personality through suffering. Pain is a warning that some law of the Universe has been violated. A complete cure can be affected only if the original cause of the disease is uncovered and eliminated.

The main trouble with disease is that its teaching effect is largely negative; for it teaches one what not to do or what not to think; but if the lesson isn't made clear and the negative thought-pattern cleared up, the person continues with negative habits and he gets sick again and again.

Most of the drugs offered by the doctors are pain-killers, stimulants or depressants, and not real cures. These fool the patient into thinking that he is doing something for his difficulties. From the number of disease-caused deaths in our society

it is obvious that few people have any awareness of the real cause of their mortal illness.

#### THE SEAL OF SICKNESS

The real cause of sickness is not physical. For persons whose self-awareness is limited to the physical, no real cure is possible. This ignorance of real causes includes both doctors and patients. The real, immediate, non-physical cause of disease is a sign, seal or signature on the etheric double of the physical body. The vital and Elemental forces respond to the commands of these signatures in the aura.

Medicines represent forces. They will change conditions in the body because these proven physical drugs are the agents of invisible, elemental forces. Drugs may alleviate or even cause the disease to disappear, but if the signature of the negative thoughts and desires is still in the aura and on the etheric double, the disease can recur. Physical surgery cuts out diseased tissue but here again the doctor is not aware of or even concerned with removing the original cause. However, if the original cause of the disease is a guilt complex and the patient feels he must expiate the wrong by suffering a difficult and expensive operation, followed by a long and painful recovery, this may consciously convince him that he has paid for his mis-doing. Here the surgery may be a very effective and real part of the change of consciousness or thinking which means a lasting and permanent cure.

If there is a permanent cure of a disease, it means that the sign, seal or signature of the disease in the etheric double has been destroyed or eliminated. The old groove caused by long-held negative thoughts has been filled out or smoothed over. The tidal motion of the breath no longer twists its way through the corkscrew path built by some long indulged hate, envy, fear, condemnation or prejudice. If there is no improvement in the person's general character as a result of the suffering, he will continue to indulge in negative thinking and desire. New and equally bad signatures will be cut in the etheric double or breath-form, as Percival calls it, and new diseases will be eventually out-pictured in the physical body as a result.

#### THE SEAL OF HEALTH

What is needed for health is an understanding of the intimate relation between mind, emotions, etheric double and body.

Once a person knows how he is made, he can develop the habit of positive self-suggestion as a means of keeping himself in a healthy state. One of the most popular teachers of the positive self-suggestion technique several generations ago was the Frenchman, Emil Coue. Almost everyone has heard his basic phrase, Every day in every way I am getting better and better. But, if he would perfect this technique of occult science, a student must clearly distinguish between intentional self-suggestion and un-

intentional self-suggestion; for it is the latter which releases most power for change.

#### ACTIVE THINKING AND PASSIVE THINKING

Let us use the terms active thinking and passive thinking, as they are less cumbersome. The technique of Emil Coue would be called active thinking. Unless it is linked up with passive thinking of the subconscious, the eager self-suggestor will only overlay a mass of hidden negative conditions with a thin veneer of quickly dreamed-up positive goals. Unless or until these are hooked up to the power house of the emotions, the subconscious, passive thinking, there be no change for the better.

One of the important keys to all this is that our conscious awareness of the world around us comes through our senses of touch, smell, sound and see. These vibratory reactions to the physical world are picked up first by the involuntary nervous system, the sensory nerves. These are a part of what psychology terms the subconscious. This is a passive system. It receives pictures of the outside world. If it were not or is not passive it would not receive clear pictures. If these pictures or vibrations are of no interest to you, the conscious observer of life, your voluntary nervous system is not moved to action.

However, if your involuntary, passive nerves do pick up some picture of the outside world which is interesting and stimulating, you do react. This means that the image or picture has passed over from the involuntary nerves to the voluntary nerves, from the sensory nerves to the motor nerves. It is the motor nerves which move your muscles to conscious action. It is only those pictures or stimuli which are continually received from outside and consciously recognised and accepted that are impressed as signatures or seals on the breath-form or etheric double. This is the basis for habitual thoughts, desires and actions.

Once this principle is understood, a student of life can readily see why vices and other habitual behavior obtain such a hold on a person. The tidal motion of the breathing goes in and out through the signatures at the rate of about 350 breaths per hour and 8,640 breaths per day. This is how often your unconscious habits are reinforced by your breathing. Whenever you sit back and relax, or let down after a period of conscious activity demanded by your work or play, then the passive thinking takes over and controls your desires. Your breath, coursing through the deeply cut signatures in the breath-form, recreates the images of long indulged pleasures or deeply buried pains.

Perhaps you can understand more clearly now why most of us are strongly in the grip of our past. You may remember Paul's complaint in the New Testament: "That which I would, I do not; that which I would not, I do."

Why is this? The senses themselves register the tastes, smells, feelings, sights and sounds of the outside world more clearly than does the conscious mind. The senses are closer to and part of the involuntary nervous system and the breath-form. It takes a tremendous effort of will, sustained over a considerable period of time to alter or smooth out the deeply cut signatures in the etheric double. The demand is too great for the average person. He usually spends the last half of his life trying vainly to correct the damage done in his first half and finally gives up to some major disease or the general breakdown of old age.

#### CONSCIOUS USE OF THE SUBCONSCIOUS

If a person is suffering ill health and wants to correct the condition -- and if he is living an ordinary life and wants to grow spiritually -- he must somehow change the fixed pattern of the subconscious. This can only be done with the active thinking of the conscious mind, coupled with desire to change which is part of the powerhouse of the subconscious; but when you try to hold that desire steady with the light of your intelligence, you find that you have little power of concentration to hold it for long. Other sensations demand your attention. Imagination is off and running, and the negative signature is still there, repeating the old pattern. The trick is to get new passive thinking going to replace the old.

A complete change of environment is one way. This presents a whole new set of sensations which will eventually alter the signatures if the change is permanent. This is one reason why it is good to send a sick person to a hospital. The quick change takes him out of the old negative stimuli of home and office which helped to create the illness in the first place. A long vacation trip away from home is another good change, but nevertheless we take deeply ingrained habits with us. If you would change you must create or choose positive images, sounds, smells, feelings which will set up new, passive thinking in your daily environment.

When you think of it, it is fairly simple because there are only two sets of impressions which affect you. Those handed to you by nature and those chosen by yourself.

If you choose or set up a series of sense impressions which arouse your feelings and desires, these are bound to impress lines on your breath-form or etheric double. This is the way the negative ones, the ones you don't want, were created in the first place. These signatures were made by your thinking in your past. Accordingly, your normal state is one of gloom or joy, anger or peace, relaxation or anxiety. If you were brought up in dishonesty by parents who could not trust each other or anyone else, dishonesty may well be your way of life. If you were brought up by parents with noble goals and ideals, these kinds of signatures will be impressed in your aura and your behavior in later years will be

along the lines of this series.

The rhythmic force of your breathing, in and out every few seconds, waking and sleeping, will power the signatures. Their firmness in the etheric double will be constantly reinforced by the present-day images, repeating along those same behavior lines. Thinking, feeling and acting are done along these lines until or only when you cut newer and deeper lines by different behavior. Then these will control you. To put it simply, you must intentionally use the unintentional method!

#### THE BEST TIMES TO DO IT

There are two times during the day and night when involuntary or passive thinking is especially susceptible to suggestion. One is in the morning just after awakening; the other is at night just before going to sleep. After a night of sleep, the breath-form or etheric double could be said to be comparatively clean. It is easier then to write new material on it. This is why Mystery School training urges early morning meditation to impress noble goals and ideals on the all-powerful subconscious. If similar high purposes can be impressed on the breath-form at bed-time, these can be carried into the sleep state where they will not be interfered with by jumbled sense impressions from the physical; for the senses will have been shut down.

First of all the student must have a clear idea of what he wants. This should be reduced down to a simple formula which can be said or read over and over again. Experience has shown that the formula is much stronger if rhymed. Your "every day in every way" decree must have a musical cadence -- as do winning political slogans or successful sales formulae. When you read it over morning and evening and at any other time you think of it, you should read it three times. This action insures the start of passive thinking. Remember, the etheric double is a physical structure.

To make sure this new signature is cut into the form or double the repetition of your formula must have some physical action. If you have memorized it, say it aloud. If you can't say it aloud for fear of embarrassment, read it slowly and deliberately from a piece of paper. It is more powerful if it is read and spoken at the same time. By reading it aloud, your ear catches the sound and recirculates your positive idea back through the voluntary and involuntary systems.

It is said that the pituitary gland in the head is the physical transfer point for this switching back and forth between the two systems. The transfer of impressions from the conscious - awareness to the etheric double and back spreads along the nerves. The motor nerves cut the new grooves which out-picture your idea in your physical body or surroundings.

When will you realize you have triumphed over the old dis-

tasteful behavior pattern? Your victory comes when you are aware that you are automatically thinking along the new lines.

#### LIVING THE NEW PATTERN

How does this happen? The new grooves or signatures are deeply and clearly cut in the breath-form. Whenever you relax and become passive, your breathing swings in and out through this new pattern. Your newly chosen ideas of health, wealth or whatever will rise in consciousness and start active thinking about them. Then when the results become evident to you, faith is added; so success is assured if it is at all possible.

It seems there is no limit to the physical changes which can be accomplished by self-suggestion once these basic laws are understood and the technique is used with determination and regularity. Your first impulse might be to concentrate on changing one particular pattern, condition or affliction. There may be a cause deeper than suspected. If this is true trouble will show up somewhere else and thus keep you busy like a hypochondriac, always nursing or trying to overcome some ailment.

If you would suggest yourself to health, treat the constitution as a whole. This is applying the Kabalistic principle of balance. Long standing negative, emotional or mental conditions can be treated the same way. The student of life must be honest with himself in evaluating the disease or affliction and its cause. To decree that a disease or affliction -- including an affliction of the pocketbook -- does not exist when you know that you have suffered with it for years is to lie to yourself.

If a formula for health or wealth or self-control is to be powerful it must be honest. It should include references not only to the physical but to the higher bodies as well. Here is a typical rhymed formula suggested by Percival:

Every atom in my body,  
Thrill with life to make me well.  
Every molecule within me  
Carry health from cell to cell.  
Cells and organs in all systems  
Build for lasting strength and youth,  
Work in harmony together  
By Conscious Light as Truth.

#### YOU ARE AMONG THE ELECT

The student of life who has read this far and is stirred by the power and simplicity of this self-suggestion method should be able to write his own rhymed formula for self-improvement. You should also be intelligent enough to realize that this method demands much in the way of determination from the person who uses it. It is not for the mass of mankind who attribute their ills

to unknown causes outside of themselves and look to outside forces, allopathic medicine and surgery, to cure them. This method falls within the realm of so-called psycho-somatic disease, physical ailments arising within the psyche or soul.

The reason why this theory of the origin of disease has not found popular acceptance is because it makes a person responsible for his illnesses. This the average person does not believe and will not accept, because he doesn't want to. Nevertheless, the principles of health outlined here clearly show each person's responsibility for his present condition, whatever it is. Orthodox methods of healing then can only alleviate symptoms and not causes. If you are in pain and in desperate need of help, by all means seek the necessary relief from doctors, drugs, hospitals and surgery, if indicated as a last resort.

A chiropractor Associate, member of our organization, told me recently of the unnecessary death of his father-in-law. The old man had suffered with prostate trouble for years. His son-in-law was able to relieve the congestion easily through manipulation and massage whenever it occurred. But then one of the old man's periodic crises came while the son-in-law was away on vacation. Upon awakening one morning he found that he couldn't pass urine. Orthodox medicine could only rush the old man to a hospital for an operation, from which he subsequently died. Did the doctors kill him or was the old man ready to go? Who knows.

In any event, stay with orthodox medicine if you feel you need it, but there's nothing to prevent your at the same time trying the self-suggestive method. Go to work on the real mental causes of your difficulty in your aura and etheric double. As those signatures are corrected, you will bring a balance of thought and affect a real and lasting cure. If your doctor wants to take credit for your recovery, let him. You will have the satisfaction of knowing within yourself when the real cure was made and who did it!

As a student of meatphysica you may well ask if self-suggestion can overcome karma. If a person has not worked out in present suffering the effects of causes set up in a previous life, he will reject this method of overcoming his present difficulties. He will doubt it. He will say or believe that a cure is impossible or that this works for others but not for him.

In no way does this principle of self-suggestion violate the laws of human behavior and its consequences. It works with the laws of thought. Repeating a positive formula, consciously chosen, to correct an unbalanced condition of mind, emotions and body, will eventually bring balance. The ideal in the Western world is the whole man or the whole woman, exemplified by the Christ.

## THE INVISIBLE BREATH OF LIFE

Adapted from C.W. Leadbeater's  
Book on "The Chakras"

The vitality which sustains us comes from the Sun. It is not the same as electricity. It is a form of energy which has not yet been perceived or identified by science. Light, heat and electricity we know and identify, and these effect the molecules of our body from without. Vitality wells up from within the physical atoms. This means that it manifests from a higher dimension.

Some sensitive people can see this vitality dancing in the sunlight as transparent globules. Their brilliance and activity indicate the stimulating feeling one gets from breathing clear sunlit air. Direct sunlight only seems to create this vitality; for the presence of the vitality globules is greatly diminished in cloudy weather and at night. Early in the morning they are gone altogether. This apparently is one reason why gravely ill people so often pass away in the early morning hours. Thus also a long series of cloudy days has a depressing effect on us.

"As above, so below." This principle of occult science indicates that vitality in higher forms or aspects is also available to our emotional, mental and spiritual bodies on sunlit days. So the student of metaphysics must realize that a sunlit environment is best for him as it is for most other people.

Leadbeater says that prana is the Hindu or Sanskrit term for vitality. We learn from Max Freedom Long that mana is the Hawaiian term for the same. The absorption of these brilliant, fourth-dimensional particles into the body is a hidden part of the breathing process. It is a continuous part of the life process but forced or rhythmic breathing increases and concentrates a greater supply of this energy. This is why rhythmic breathing is such a very important part of student training and development. You should know something of this hidden aspect. With his trained sight, Leadbeater could actually see these vitality globules being drawn into the etheric double of the physical body through the Spleen force-center on its surface and not into the lungs through the nostrils.

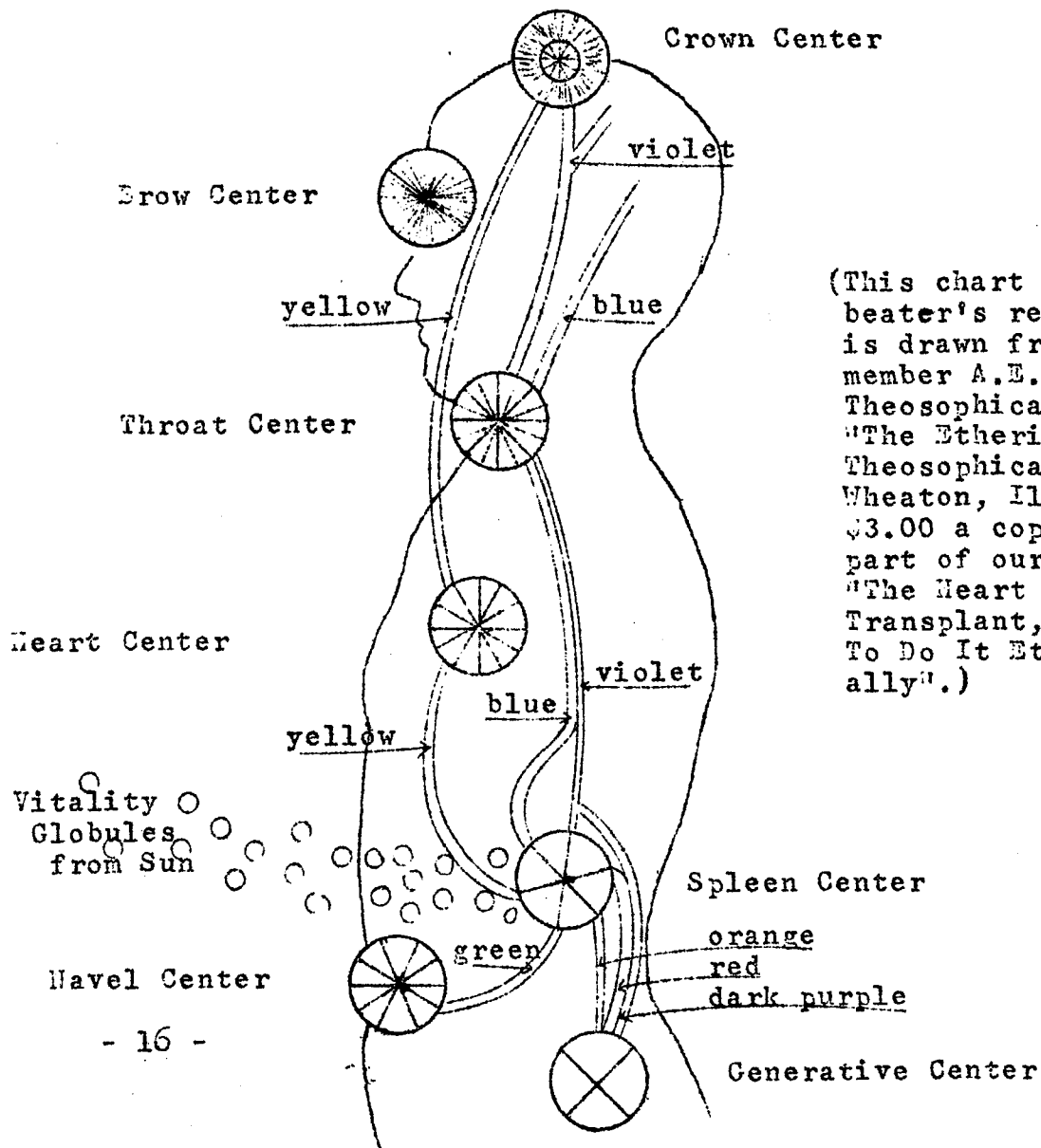
In the atmosphere the vitality globules are brilliant white, almost colorless. The Spleen acts like a prism, separating and distributing this special atomic energy of the sun. It looks like a funnel-shaped vortex as the vitality globules enter. They are divided into six streams of different colors.

Leadbeater says each globule is composed of seven atoms. It



is the atoms which separate and take on distinct coloring as they are distributed to other centers of the etheric double and body. The Spleen center has six well-marked spokes radiating outward from the central hole. Six of the atoms move out individually along these spokes. The seventh becomes pink in color as it goes through that central hub and is distributed throughout the body along the nerves (which are more properly part of the etheric double than the physical). This is the healing energy which can be transmitted to others by the laying on of hands.

A pair of atoms are violet-blue in color and move up to the throat, where they divide. The light blue one quickens the throat center. The dark blue or violet goes up into the brain. It seems to help vivify the crown chakra or force center. The yellow atom is channeled into the heart center but some of that even passes on up to the brain and the crown center. A fifth atom becomes green. This moves on to the abdomen and enters into the Solar Plexus. Its job is to vivify the liver, kidneys and intestines. The sixth and seventh atoms are orange-red and they turn downward to the base of the spine and the generative organs.



(This chart of Lead-beater's researches is drawn from BSRA member A.E. Powell's Theosophical book, "The Etheric Double". Theosophical Press, Wheaton, Illinois \$3.00 a copy, and is part of our new talk, "The Heart to Heart Transplant, and How To Do It Etherically".)

## ETHER AND THE ETHERIC DOUBLE

Abstracted from "Telepathy  
and the Etheric Vehicle" by  
the Master D.K. through Alice  
Bailey.

The enthusiastic beginner in the study of metaphysics believes that spirit, or his mind, can work directly on matter. This is not so. There is an intervening level of energy which carries the commands back and forth between Earth and Heaven.

In her encyclopaedic work, "The Mystical Qabalah", Dion Fortune makes some significant remarks about the all-important Ether. In the chapter on Yesod, the Moon, "let us once and for all disabuse our minds of the idea that spirit can work directly on matter; it never does so. Spirit works through mind, and mind works through Aether. And the Aether, which is the framework of matter and the vehicle of the life forces can be manipulated within the limits of its nature, which are by no means inconsiderable. All miraculous and supernatural happenings, therefore, are brought about by the manipulation of the natural qualities of the Aether."

It could be said that science is ahead of many metaphysical schools and students in recognizing the energy fields which underlie or interpenetrate all physical forms. 19th Century physicists did not hesitate to term this all-pervasive energy, Ether. 20th Century physicists derided their predecessor's views for two generations, assuming wrongly that interstellar space was a total vacuum. Now, in the sunrise of the Space Age, they are speaking glibly of several different forms of energy in space including the so-called Solar Wind. All recognised energies in space are manifestations of Ether, or the Ethers.

Atoms are thought of as matter yet science knows and can demonstrate that atoms and their particles are bundles of energy which have no predictable location in space and time. They can demonstrate where an atom or a nuclear particle was; but not where it is; the very act of recording its existence must disturb the particle from its normal location. So, physicists ruefully admit their nuclear particles are bundles of energy which have no predictable location in space and time. Molecules are measureable, determinable units of matter which make up our physical forms. We now know that molecules are made up of non-three-D atoms; so here is the lowest level of etheric matter. In its crudest form we know it as fire.

The chair upon which you sit is solid, inert matter; but the atoms which compose its molecules are vibrant living entities.

They are pure energy which maintains the solid form. For purposes of comparison these kinds of atoms are inorganic. We don't think of the chair as being alive. But atomic energy interpenetrates the molecules of living matter which make up our bodies; so these atoms are organic. There must be a difference between atoms which compose the bodies of inanimate objects and the bodies of living beings like ourselves. Now we come to that unifying field of energy which called the Etheric Double. It is a duplicate of your physical body and sustains conscious life as you know it.

#### THE FACT OF THE ETHERIC DOUBLE

An important problem facing the student of metaphysics, then, as he begins his studies, is his ignorance of this etheric double. "One of the main obligations of occult teachers today," writes D.K. through Alice Bailey, "is to testify to the fact of the etheric body."

This gap in conscious understanding must be filled with knowledge of the place and function of the etheric double, or breath-form. As discussed earlier, it is this ignorance which is the cause of most ill health and poverty among mankind today.

Some of the most conspicuous examples of this lack of understanding are the Truth teachers whose ailments do not respond to their efforts at correction. Esoteric teachers have always taught that all forms are manifestations of Divine energy, but many of them have been handicapped because of their ignorance of the etheric levels in between!

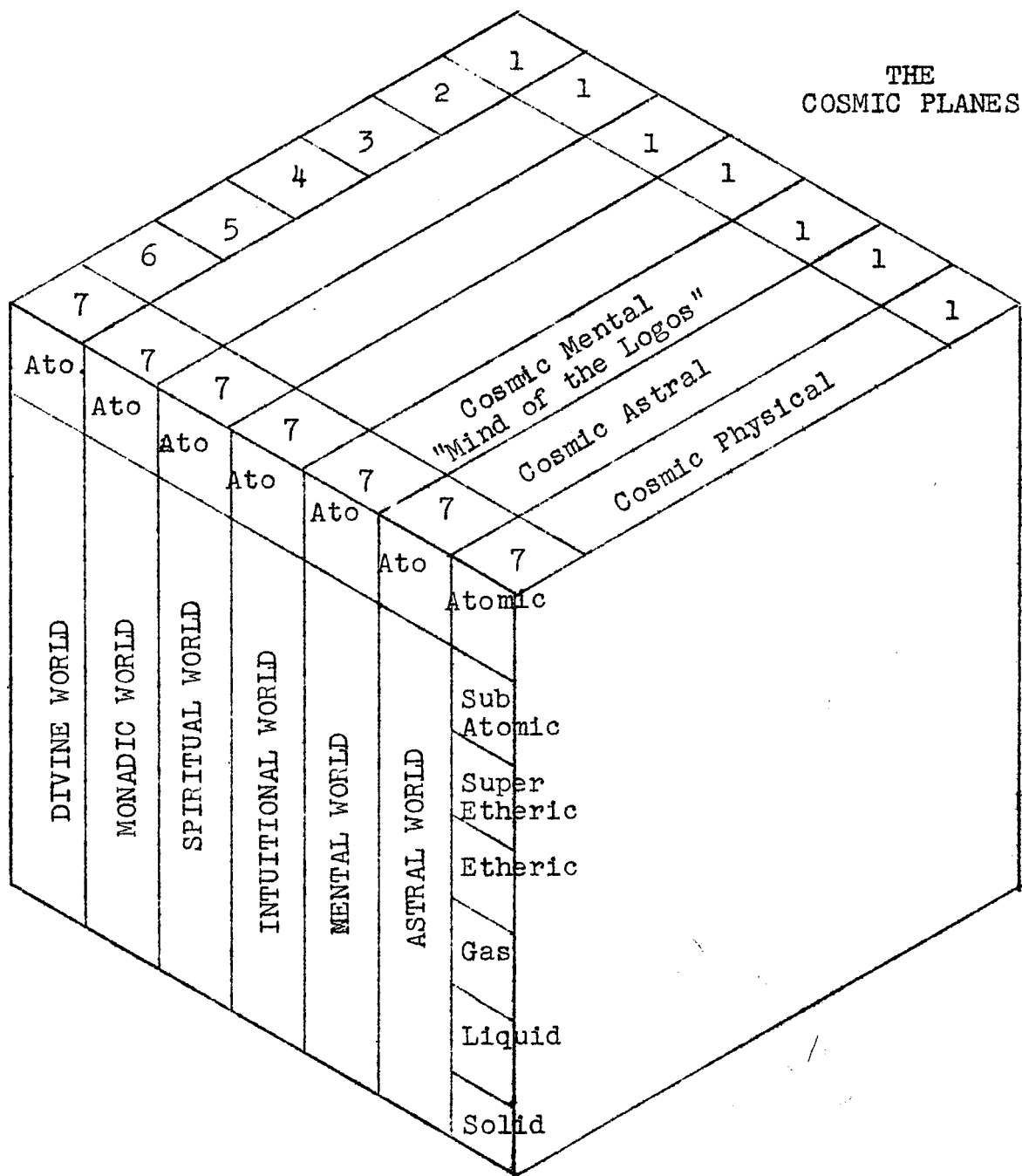
Much is said and taught about the Astral world and its relation to the physical, but very little if any is said about that in-between, energy-matter level, the Etheric; yet this is the dominant energy controlling mankind today. There are also equivalent energy levels or bodies controlling the nations, the human race, the planet -- or we should say the Earth-Moon system -- the Solar system and the Zodiac. There are Cosmic etheric doubles, too.

Perhaps this simple chart of the Ethers in relation to the lower physical levels of matter will help:

7. Reflecting Ether	- AETHER
6. Light Ether	)
5. Life Ether	) FIRE
4. Chemical Ether	)
3. Gas	AIR
2. Liquid	WATER
1. Solid	EARTH

You will note there are four sub-levels of Ethers, all higher or subtler forms of physical matter. Since the discovery of atomic energy, science is beginning to recognize and work with the fourth level of matter, called Plasma.

From Jinarajadasa's "First Principles of Theosophy" we have this thought-provoking chart of the relationship of the Ethers and higher levels of consciousness of our world with the Cosmic planes. The physical plane Metaphysical Schools use different terminology for the four Etheric sub-levels of physical matter, but all are agreed on the number.



This chart was first developed in 1909. Discovery of sub-atomic particles since then would indicate that the use of electron, proton and neutron are more desirable indicators of the Etheric sub-levels of the physical.

## SOME BASIC IDEAS

1. Every manifested form in the universe possesses an invisible, intangible energy form which controls it.

2. These energy-forms or Etheric Doubles are subject to ceaseless change. Each Double, depending on the evolutionary level of the form it controls, is itself conditioned and governed by the dominant planetary, solar or zodiacal energies which created and sustain it.

3. An etheric double or body is composed of interlocking and circulating lines of force. These originate from one or more of the seven planes of consciousness of our planet. The higher or greater evolutionary units such as suns and constellations of stars have Cosmic planes of consciousness which control them.

4. The seven planetary planes of consciousness have seven related force centers in your etheric body. These centers are not all active at the same time as a rule. They are active or quiet as specialized force from one of the planes comes in. When your etheric double is responding to one of these seven rays, through its appropriate center, it is a controlling factor in your life at that time.

5. The molecules of the dense physical body are three-dimensional structures. They can be easily identified in space and time. Molecules are composed of atoms, each with its own individual life, light and activity. These are not three-dimensional structures, science admits, because no one can say where a given atom is at a given moment. So this is the dividing line between the dense physical body and the etheric double -- or between the three lower levels of physical matter: Solids, Liquids and Gases, and the higher, Etheric levels. Science has proven in many ways -- including the atomic bomb -- that atomic energy, etheric energy, is the underlying force within all physical forms.

So, for purposes of our study, atomic energy is etheric energy and it has two natures:

a. There is the generalized etheric energy which pervades all matter like an imponderable fluid.

b. Then there is that specialized etheric energy which you have gathered in for your own use and temporarily qualified with your personal vibrations.

There are actually many centers of force within your etheric double. This is why charts of the centers vary from School to School. The evolutionary requirements of each race, and thus for a person born in that race, are different; thus the emphasis on different centers. The Hindu term "chakra" has become popular among Western students as a term for the centers. It means wheel.

Leadbeater and other trained clairvoyants say that to their psychic sight a developed, active chakra does resemble a rapidly spinning wheel. Actually it's a funnel-shaped vortex of etheric force. In the Hidden Wisdom of our Bible these centers are referred to as "eyes".

#### THE MAN BORN BLIND

We are all "born blind" until these centers become active. The story in the New Testament, John:9, of the man born blind and healed by the Master healer is probably a good example of this kind of hidden teaching about the centers. Only an Initiate or Adept can safely help the student open these occult power centers, or "eyes".

For purposes of our study now we will speak only of the seven centers referred to by D.K. The etheric energies flowing through these make a man what he is at any given moment.

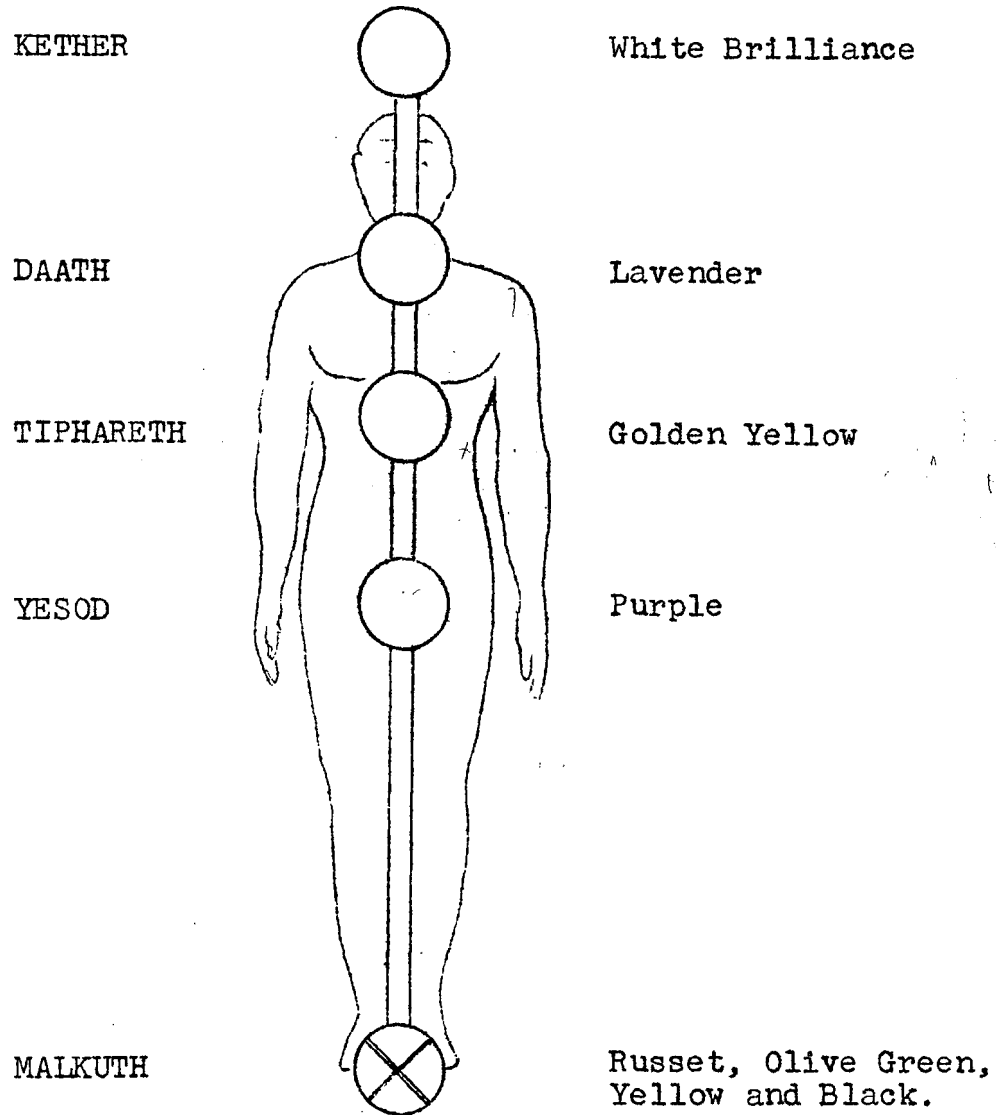
The student can readily see why the knowledge of these planes and rays and their rhythmic function is the key to health, general well being and to spiritual growth. So all-pervasive is the power of the etheric worlds in relation to the physical that the student must gradually shift his attention to these worlds if he would progress on the Path.

The conscious choice of the etheric energy or energies to be used controls the daily expression of life in the physical world. The etheric double is constantly flowing and changing. That is the law of its being. By choosing better or higher goals than those he previously had the student can willfully bring in etheric matter of higher quality. In fact he has to do this if he would progress, and all of his occult training is devoted to this end.

The etheric form permeates the entire physical structure and so is a duplicate of it; that is why it is called the etheric double. There is an etheric aura also which radiates several inches beyond the physical. The direct link between etheric double and dense physical is the nervous system. Millions of lines of force carry the vitality of the ethers to all parts of the body. The quality of the energy carried by these lines is determined by your desire and aspiration. These are the seals or signatures on your aura. As we know they can be changed by an intelligent application of active and passive thinking over a period of time.

The seven centers we spoke of are outside the physical body in the aura; so they exist only in the etheric double. Nevertheless, they are linked up with the physical through the nerves and the system of endocrine glands. Only five of the centers are related to initiation on the Path. These lie along or are hooked into the etheric double of the spine. The Yoga of the West, the Kabala, has a visualization and meditation exercise on these five centers for its students. It is called the Middle Pillar.

## THE MIDDLE PILLAR



The Middle Pillar exercise, drawn from Dr. I.F. Regardie's book, "The Middle Pillar", is designed to put the student in conscious touch with his Etheric energies circulating through the five centers or "eyes" pictured above. He does this by visualising the appropriate colors of the spheres in turn, as he goes up and down the Pillar in his imagination, at the same time chanting the God-name for that sphere or Sephira in Hebrew, the sacred language of the West, just as Sanscrit is the sacred language of the East.

The etheric energies of the Earth and the Sun, playing through the etheric body of primitive man, gradually evolved these centers. Each ray or plane, as it came into manifestation, had its effect upon man. The physical counterparts of the force centers, the endocrine glands, gradually evolved, too. Their main effect in the early days was upon the blood stream. Blood is the active aspect of desire in the physical. Earlier races were concerned with developing a fully functioning desire-body. This works through the sympathetic nervous system, which controls the automatic functions of the body, breath, heart beat, digestion, etc.

#### THE THINKING PRINCIPLE

As the thinking principle began to develop out of man's desire to obtain greater control over himself and his environment, a new and different nervous system had to develop. This is called the cerebro-spinal. It centers in the head rather than the solar plexus.

While blood is active as a part of out-going desire, the nerves are passive, receiving impulses or stimuli from outside. So we must consider two kinds of etheric energy; or perhaps we should say etheric energy conditioned by two different functions:

1. That used by the desire body and lower mind via the glands;
2. That used by the higher mind and Spiritual Will for those those who are advanced enough to be guided by high ideals.

If the ideals of brotherhood and cooperation are to prevail upon this planet, the illusion of separateness must be diminished. A more widespread knowledge of etheric matter will help. Through your etheric double you are intimately immersed in a vast sea of etheric energy which embraces both the Earth and the Moon. Tides of restless vitality surge back and forth through this etheric sea, in and out of you and every form on earth, organic and inorganic. One Will, One Wisdom, One Love sustain all. These are the One Life.

#### THE FLOWER ASPECT OF THE EARTH

To the eyes of the Masters of the Occult Hierarchy the inter-related etheric bodies of all life on the planet form one vast consciousness. To them it is seen like an unfolding flower. The Kingdom of Nature and the races of men are its petals. Lines of light pass from form to form. The circulation is constant; all lines are moving with a determined in-flow and out-flow.

What is the organizing mind for this evolving body of consciousness? It is the Lord of the World, Sanat Kumara. The planetary etheric double has three major centers, according to D.K. -- Shamballa, the Occult Hierarchy, and Mankind.

Shamballa would be considered the planetary head center.

The Occult Hierarchy would be considered the planetary



heart center.

And Mankind would be considered the planetary throat center.

#### THE PLAN OF EVOLUTION

It is through these three major centers that His Divine Intention is impressed upon the life of the earth. At some higher Cosmic level the Lord of the World is aware of the Intention of the Solar Logos and His Evolutionary Plan for the entire Solar system.

Space scientists of our planet are now actually aware of and measuring etheric energies streaming out of the Sun. Orthodox science calls this the Solar Wind. Occult scientists would call this one manifestation of the Will of the Creator of our universe, for the Solar system is our universe. The Solar Wind does exert a varying but constant pressure and flow on the circling planets. Each of these solar bodies have their own etheric double and world ruler. Each of these rulers qualifies the solar wind or ethers with the stamp of His personal Will, Wisdom and Love.

What is the purpose of the Lord of the World? To promote the unfolding consciousness of the myriad lives in this world. The Masters of the Occult Hierarchy may not see the Plan of Evolution for this planet in its entirety as does the Lord of the World, but they do see the part for which their Ray and Lodge are responsible. They in turn pass on understandable portions of the vision to adepts and initiates in their Lodges, as well as to aspirants and disciples both in and out of the flesh. It is their consciousness of the etheric energies which motivates and directs them. Just as we stamp our auras with the signatures of our active and passive thinking, so do the Masters impress the etheric double of the earth with the signatures of their thinking.

The great majority of mankind, of course, are unaware of this vast sea of energy and their place in it because of their concentration on the form side of life. This sense of separation is the most important thing to be overcome. Until this is done the only etheric level to which they are most responsive is the lowest or fourth, chemical ether. This is the one which present-day scientists call plasma.

Regardless of their ignorance of the etheric vitality which sustains them, the endless pressure and flow of change for mankind is there. The energy which is there one minute is gone the next. There are many master, major and minor rhythms varying the flow of this energy and it moves fast or slow depending on the type of form through which it is passing.

Another thing to remember is that the quality of etheric energy, Solar and Planetary, changes from age to age. The density of Cosmic space through which the Sun passes, with its planets,

varies from one region of the Zodiac to another. These densities must affect the Solar Wind. Then there is the radiant energy streaming from the great suns in the Constellations of stars. Each of these have their qualifying effect upon our Sun and its vitality. These outside forces help to make significant alterations in the ethers as evolution proceeds. One noteworthy rhythm has a cycle of a little over 2,000 years and was well understood by certain of the ancient Egyptians.

#### THE SUN BEHIND THE SUN

The English translator of the occult book, "Comte de Gabalis", published in London in 1911, makes this comment: "... The existence of the Sun behind the Sun has been known in all ages, as well as the fact that its influence is most potent upon earth during that period every 2,000 years when it is in conjunction with the Sun of our solar system. Then gathering to itself the power of its own Source and transmitting it through our Sun to this planet, it is said to send the Sons of God into the consciousness of the earth sphere that a new world of thought and emotion may be born in the minds of men for the stimulation of humanity's spiritual evolution. Such a manifestation marks the beginning or end of an epoch upon earth by the radiation of that divine consciousness known as the Christ Ray or Paraclete.

"To the Egyptians the Sun behind the Sun was known as Osiris, said to be the husband of Isis (Nature) and parent of Horus (Sun), symbolically represented as a hawk because that bird flies nearest the Sun. This ancient people knew that once every year the Parent Sun is in line with the Dog Star. Therefore the Great Pyramid was so constructed that, at this sacred moment, the light of the Dog Star fell upon the square 'Stone of God' at the upper end of the Great Gallery descending upon the head of the high priest who received the Super Solar Force and sought through his own perfected Solar Body to transmit to other Initiates this added stimulation for the evolution of their God-hood.

"This then was the purpose of the 'Stone of God', whereon, in the Ritual, Osiris sits to bestow upon him (the illuminate) the Atf crown of celestial light. 'North and South of that crown is love,' proclaims an Egyptian hymn. 'And thus throughout the teaching of Egypt the visible light was but the shadow of the invisible Light; and in the wisdom of that ancient country the measures of Truth were the years of the Most High.' The adorable Fire and immense depth of Flame which the human heart must not fear to touch is that power proceeding from the Lord and Giver of Life, the Creative Principle of the Universe, the Sun behind the Sun." (Sirius, eight light years away from our solar system.)

That Super-Solar power from Sirius, Cosmic ether, affects us; but we, mankind, must also affect it as this etheric living stuff passes through us every day. The student must keep in mind that his etheric body is a channel for the constant in-flow and out-flow of many kinds of energy. It is not a comparatively static

vehicle like the physical body. Let us remind ourselves that there are four general categories of etheric matter, higher rates of physical matter, of which occult science says there are seven in all.

We gave you the Theosophical and Rosicrucian names for these four ethers, on pages 18 and 19; here are the designations given by Manly Hall in his book, "Healing, the Divine Art":

1. Mental or Intellectual Ether, the thought binder.
2. Emotional or Psychical Ether, the impulse binder.
3. Functional or Vital Ether, the energy binder.
4. Physical or Chemical Ether, the form binder.
5. Gases
6. Liquids
7. Solids.

Hall writes (on page 194): ". . . This etheric humidity is invisible to the physical perceptions, but may be examined by those possessing etheric sight. When seen, it resembles a slightly luminous thin haze, dimly stratified. Its lower parts are placid and unchanging, but its upper layers are in a state of constant agitation. Close to the earth, and about the bodies of living things, the etheric haze is more pronounced, and shines with a greenish-blue light. This light surrounds minerals, plants, animals and human beings with glistening halos. The etheric emanations from the lower kingdoms are not so brilliant as are those of man."

All of the four ethers make up the etheric double. They create a network of channels through which energies move constantly; yet the shape of this body of energy is an exact duplicate of the physical form, from our earthly point of view. However, it would really be more proper to say that the 3-D physical body is an exact duplicate of the etheric body! For the etheric preceded the physical in development; it sustains the physical during life in the flesh; and it exists for a time after the physical body dies. So these are some of the reasons why the student should gradually shift his emphasis from the physical form to the etheric double.

Focal points or centers for the etheric tubes or channels are the seven major centers mentioned earlier. The Master D.K., through Alice Bailey, says there are 21 minor centers in the etheric double and 49 focal points. One wonders if these minor centers and focal points have not been located by spiritual healers, East and West? They may have even been formalized into that Chinese healing technique known as Acupuncture, or Kwappo. Ju-jitsu makes use of some of these points in the Art of Self-defense.

The vast network of smaller etheric tubes creates a corresponding network of nerves "not yet recognised by medical science". These are the "nadis", an intermediary web between 4-D etheric and 3-D physical, and tie directly into our active and passive nervous systems.

D.K. says the lines of force of the nadis are the true response mechanism which telegraph messages into the brain. The mind, as the conscious entity, interprets the vibrations as they modify the receiving centers in the brain. One of the goals of initiatory training on the Path is for the student to develop full conscious use of the nadis.

The important centers in the etheric double have their physical counter-parts in the endocrine glands of the physical body. A limited glandular system means a limited human being in the flesh. A fully functioning glandular system means a fully functioning, highly developed and spiritual human being. A successful person in any walk of life is a creative person. This means that his higher, soul energies, coming down through the etheric, find full expression and release through the nadis, into the active and passive nervous systems, and so into creative physical activity.

#### THE ETHERS AND THE FOUR KINGDOMS

We can relate the four physical ethers to the four kingdoms of nature. The lowest or chemical ether sustains the mineral kingdom. The 5th or Life Ether plane sustains the vegetable kingdom. The 6th or light ether plane sustains the animal kingdom. The 7th or reflecting ether plane sustains the human kingdom. Only members of the human kingdom have all four types of ethers in their etheric double.

Nevertheless, because of its sense of separateness and its material desires, the mass of mankind is dominated by the three lower ethers, especially the fourth or chemical. It is only as man turns from getting to giving that the higher influence of the topmost or seventh sub-level of the physical begins to make its influence felt.

The physical or planetary ethers are directly related to the four Cosmic ethers, but only as man evolves more spiritually will he bring the Cosmic influences in to replace the planetary. This comes about only by conscious effort along the Path of Initiation. D.K. gives the names of the Cosmic ethers as: 1. The Logoic, 2. The Monadic, 3. The Atmic, and 4. The Buddhic.

The etheric double and its channels are composed of planetary etheric energies, but these channels or tubes may also carry Cosmic energies as well as those of the personality. The quality of etheric energies flowing through your etheric double at any time is determined by the point of evolution which you have reached. As described by Leadbeater in his book, "The Chakras", the energies may be fused or blended when they come in, but the indwelling intelligence sorts them out and distributes them to their various centers according to the work that is to be done.

Prana or vitality is the life essence of every plane and it is the life of the planetary Logos, Santa Kumara. As his vitality is stepped down through the seven planes to the physical it vivifies

every plane and all that is in it. The seven planes of our system form one Cosmic physical plane.

ABOVE THE BELT? OR BELOW THE BELT?

Within the human body is an organism which serves as a convenient dividing line. This is the diaphragm. Above this midpoint in the torso are the vital organs which concern most directly with life in the body and the higher ethers. These are the heart, throat, head and lungs. Their state of function determines what the man is. As D.K. puts it, "that which is determined in the head, impelled from the heart, sustained by the breath and expressed through the apparatus of the throat determines what the man is."

The organs below the diaphragm are important, too, but they are more directly related to the physical activities and the human passions concerned with hunger, lust and greed. Diseases or limitations of the higher organs are more serious to the man usually than those which happen to the lower organs.

Remember that the four planetary ethers are intended in time to channel the higher qualities of the four Cosmic ethers. This is not true for most of us at present and cannot be until our upward striving creates conditions for the entrance of the spiritual powers. The four Cosmic ethers can be characterized by these terms:

Universal Life for the Logoidal level.

Monadical Intensity for the level of the Monad.

Divine Purpose for the level of Atman.

Pure Reason for the Buddhic level.

Meditate on these and begin to build the conditions which welcome their spiritualising influence in your present etheric double.

At present your etheric body is conditioned from below by your animal passions, and by selfish desires from the Astral world. Another worldly conditioner of your etheric is your concrete mind with its will towards separateness and selfishness. It is only when you turn from getting to giving -- when the hand that used to reach out to grasp and take is turned open to give -- that the door to the higher etheric is opened. Then the Soul or Higher Self begins to reflect into the lower something of the Divine intention. The Soul stands midway between the Highest Self, the Monad, Divine Spark or Cosmic Atom, and the Lower Self or personality. The Soul is the Spiritual counterpart of the solar plexus center, which is itself midway in the body at the diaphragm.

When the student develops himself to where the four Cosmic ethers have replaced the planetary ethers and the flow of Divine

energy from on high is unimpeded, then his soul is no longer needed. The triplicity of Monad, Soul and Personality become a duality (Monad and Personality). All of the centers in the body are functioning in unison. The etheric network becomes a body of light of great brilliance. The spine itself becomes a pillar of fire by which the head center and the center at the base of the spine are directly related; thus the intermediate centers are no longer needed.

The centers below the diaphragm are controlled by the four planetary ethers. D.K. gives these centers as: Solar plexus, sacral center and the center at the base of the spine. The centers above the diaphragm are controlled by the four Cosmic ethers. D.K. gives these as: heart, throat, Ajna and head. Ajna is related to the pituitary and is shown as thrusting out from between the eyes.

#### THE WORK OF THE PATH

During the evolutionary process the centers below the diaphragm are controlled by the three lowest of the four ethers, chemical, light and life. When a student gets to where he begins to integrate his principles, the energies of the topmost etheric plane begin to control. It is only then that the centers above the diaphragm begin to come to full expression. Then the man substitutes ideals for passions as controlling forces in his life. This is the work of the Path.

The effect of the incoming Cosmic ethers might be described as a magnetic pull upwards by which the higher is substituted for the lower. Very little has been revealed in print about the direct relationship between Cosmic and planetary ethers because this is a part of initiation. It is useless to reveal occult material for which the mind and heart of a student have had no prior preparation.

Little is known about the four levels of planetary ethers except in the occult teachings in the Mystery Schools. Even less is known in the outside world about the four Cosmic ethers, yet there is a direct relationship between the planetary and Cosmic ethers. The student not only learns this as he moves along the Path of Initiation, he replaces the planetary etheric material with Cosmic etheric material, and thus changes from human to super-human. No doubt the occult science of the New Age will have much more to say about this than is now known; for it is said there are four aspects of Karma; and these tie in directly with the ethers.

So the student of the Mysteries is much like the physicist of modern science. Both are studying energy, where it comes from, its mode of transition from one level to another and its focal center in the earth or planetary body. Beyond the physicist, the student is also concerned about the centers of energies in his own body. At first, of course, the seven centers are made

up of the four planetary ethers but his Spiritual development gradually converts these to centers for Cosmic ethers.

The center of centers is the point within the circle, the jewel within the Lotus. For the personality this is the point of Light by which the Monad or Cosmic Atom anchors itself upon the physical plane. This point of light can be seen by the trained clairvoyant. It will usually be found in that etheric center which is the normal focus of the life force of the soul during that embodiment. This location will be conditioned by several factors including the racial type, personality bias, and the work chosen in that life.

This life spark shifts temporarily to other etheric centers for special work. During singing or speaking it might be found at the throat. During periods of intensive thinking it should be found in one of the head centers. After eating it might be seen at the Solar-plexus where the food is being digested. During sexual intercourse it would probably be in the center at the base of the spine.

This point of life contains all possibilities within itself. There are the Will-to-be or the Will-to-power, the active intelligence, and that magnetic attraction we call Love. This point of Being is where I Am. The three aspects just mentioned are indications of that existence. The Divine Spark can and does take upon itself layer after layer of substance for the sake of experience. So deeply does it appear to be buried in matter that one wonders if it can ever return to the Father's House! One could say that the Monad or Divine Spark is shielded from the lower worlds by the three aspects, Will, Wisdom and Love, and by the seven principles expressed objectively as vehicles or bodies. One by one they are brought to full expression through the long course of evolution until the disciple becomes an Initiate, the initiate becomes an Adept, and then we have a Son of God in all His Glory. The etheric double itself is lost sight of or submerged in the seven rays emanating from the centers; for in time each center becomes a line of living fire, a glittering jewel of light.

#### THE REAL GOAL OF THE PATH

The teaching in the physical plane schools has tended in the past to place emphasis on the seven centers in the etheric double. In meditation a student was taught to stifle or bring under control the passions expressed through the centers below the diaphragm. The idea was to sublimate personal passions into impersonal ideals. If he succeeds he brings through Cosmic energies which are dedicated to Divine and not to material living. We assume, of course, the student is dedicated to a life of service. If the student tends to concentrate on the centers themselves, their size, color and number of petals, he loses sight of the real goal of the Path and that is that the centers become focal points for the release of radiant energies in service.

The brightness of the rays coming from the centers is governed by the point of focus of the student's life. The so-called petals of the centers are unfolded by his activities and services. One principle must always be remembered here, energy follows thought.

Hereditary characteristics of family and race might naturally place the student's life spark in one of the centers below the diaphragm. The regenerative work on the Path can sublimate this material-directed force or ray by deflecting it upward, until the corresponding higher center above the diaphragm is activated.

#### THE MOST HARMONIOUS DEVELOPMENT

A student may think of the unfoldment of the petals of the higher centers as being his primary goal but this is only secondary. His primary goal is to learn to direct energies into other individuals who seek his aid or into situations which require his help. Energies directed skilfully in the Master's service will bring about the necessary unfoldment in the most harmonious way. Contact with the world's need is most important. These contacts can be to stimulate or to vitalize. They can also be to destroy, where crystallized forms have stifled the life force or outlived their usefulness.

#### ORIGIN OF HEALING RAYS

For example: the heart center is the focal point for the release of the healing ray of the Christ. This would generally be visualized as rose or gold and directed into the form of the person who asks for help. One person may need vitality and the flood of rose and gold will help him back to health. Another person may be sick with cancer. Here the parasitic growth must be destroyed and eliminated from the system. A powerful red ray of destruction would have to be focussed on the tumor to break it up.

D.K. says that the new occultism of the Aquarian Age will deal with the knowledge of the Rays which come through or correspond to the petals of each of the seven centers of the etheric double. We mentioned the heart center. This is said to have 12 petals. When the student's service on the Path has taken him to the point where all of these petals are fully developed, active and vibrant, he will have conscious control and choice of 12 different rays for the healing of human ills, each ray with its appropriate color and function.

D.K.'s material in "Telepathy" goes on into the deeper, more occult aspects of the etheric energies and their importance to the student on the Path, but as our prime concern is healing in this talk we turn now to material on Color Ray Healing given to the world almost 40 years ago by Arthur Conan Doyle.



## COLOR RAY THERAPY

Abstracted From "The Return of  
Arthur Conan Doyle", Chapter  
IX on The Healing of All Disease.  
Through Mrs. Grace Cooke.

In the Color Ray Healing of the New Age, the healer must attract the Ray to him by spiritual insight and then redirect the Ray into his patient. This will be done through one of the highest centers in the etheric double: heart, throat or head.

In the Western Mystery Tradition, the heart center, or Tiphareth, is the Christ center in the etheric double and in the physical body. An outstanding part of His ministry was the work as a healer; so, most healing ray work will probably be released or directed through the Christ or heart center.

What is the cause of every major disease? It is a lack of harmony between the etheric double and the physical body. Through wrong thinking and wrong feeling disharmony manifests in the etheric double first and finally shows up in the physical. To try to cure the physical without affecting a change in the higher levels where the disease originates is rather pointless.

So the healer must find the point of contact in consciousness with his patient; otherwise there will be no cure. Without the contact there can be no transmission of energy by which a change can be affected. There are no incurable diseases but there are incurable patients! The healer must recognize and admit that he may not be able to establish a point of contact with everyone who comes to him.

Drugs and herbal remedies may help in some cases. These physical agents can and do release energy in the body which reacts on the etheric double, loosening congestion between the two and allowing the healing flow of vitality again. If the original mental-emotional cause of the disease is still there it will show up again in the physical body.

There is consciousness in the etheric double and there is consciousness in the atoms and cells of the physical body. If this were not so, they would not respond to the commands of the personality and soul. If we did not persist in erroneous thinking and feeling, our body would cure itself. The Universal, "pre-conscious" mind -- as Doyle calls it -- constantly works to purify the cell-consciousness of the body. When this pre-conscious mind -- could we call it Higher Self or Soul -- functions unhindered, it cures disease by elimination. Many of our diseases are caused by daily re-stimulation of unharmonious social conditions in home, school,

factory or office. Any good doctor knows that just by taking a person out of his daily routine and into a hospital gives a temporary and healthful relief. But eventually the rested and partially cured person must pick up the daily grind again and then he is subject to re-stimulation of the old problems. This is where the New Age healer comes in with more direct and potent means than drugs and surgery.

#### HELD IN THE IRON GRIP OF THE ZODIAC

Color ray healing is based on the Zodiac. The theory is that each of the 12 constellations is beaming a distinctive kind of energy into the earth. This affects all life on the planet. Each person is dominated by one of these 12 rays because of the time of his birth. If the healer is to be effective, he must try to discover the patient's dominant ray and harmonize his healing treatment with that vibration! If he does not do so, the ray color chosen for the treatment may do the patient more harm than good. Sir Arthur suggests these twelve colors:

COLOR	SIGN	ELEMENT	PLANET
1. Red	Aries	Fire	Mars, Pluto
2. Green	Taurus	Earth	Venus
3. Blue	Gemini	Air	Mercury
4. Pink	Cancer	Water	Moon
5. Yellow	Leo	Fire	Sun
6. Purple	Virgo	Earth	Mercury
7. Violet	Libra	Air	Venus
8. Lavender	Scorpio	Water	Mars
9. Pearl	Sagittarius	Fire	Jupiter
10. Silver	Capricorn	Earth	Saturn
11. Golden	Aquarius	Air	Uranus
12. White	Pisces	Water	Neptune

We have added the signs of the Zodiac, or constellations, the Elements and Planets from astrological reference books.

It has long been taught in the Eastern Mystery Tradition that the heart center, chakra or wheel, has 12 spokes or petals. It is likely that the 12 colors given by Doyle are the healing rays directed through this center. One ray or color corresponding to one petal of the Christ center. This can only be proven in practice.

What must be worked out is the natural disease or weakness which goes with each color and ray type. When the patient's ray becomes known, then the healer knows what to look for and treat. Actually, either a soothing or stimulating ray is all that is needed; for there are only two basic causes of disease, either congestion from an over-abundance of energy, or atrophy from a lack of energy. The cool colors will calm down the over-heated, frustrated people. The warm colors will stimulate the anemic.

Doyle suggests that yellow is a good color for tuberculosis. Blue should be used to cool off nervous and irritable people -- frustration. Red is suggested for all blood poisons and Violet and Green for cancer.

We consider blue, green and violet to be cool colors. Red, orange and yellow to be warm colors. Their effects have been proven clinically here in the United States by Dr. S. Pancoast and Dr. George Starr White. Pancoast used either blue or red to cure most everything, so he or she claimed.

Another new important aspect of New Age healing will be the recognition of the force centers in the etheric double. These centers are points of contact to which the healing rays may be directed. There are 12 of them. Doyle lists them in this order:

- |                    |                         |
|--------------------|-------------------------|
| 1. heart           | 6. base of spine        |
| 2. throat          | 7. solar plexus         |
| 3. pineal gland    | 8. organs of generation |
| 4. pituitary gland | 9-10. two hands         |
| 5. spleen          | 11-12. two feet         |

We mentioned the two causes of human ailments, congestion and atrophy. Congestion comes from tension. If people could and would take the time to relax periodically, their health would be considerably better. But worry and fear are constant, unrelieved burdens for most people. Two other causes of tension and congestion are suppressed emotions and suppressed desires.

The effect of these unrelieved tensions is to block the flow of healing energy or vitality through the force centers, chakras or "eyes". What is needed to release the flow is harmony with ourselves, with others and with God. A life of harmony produces a rhythmic flow of etheric matter around and through the etheric double and thus the physical.

God the Creator and God the Destroyer are at work here. The Creator brings in new energy and matter to replace the old -- thus obviating the necessity for heart transplants if this process is not interfered with by wrong thinking and feeling. God the Destroyer breaks down the old, worn out material and tries to eliminate it from the system. This is one aspect of balance which should be logical to anyone. The outflow of waste matter must equal the input of new matter or there will be trouble!

The average person is unaware of this rhythmic flow or tide of invisible energies unless it is impeded somewhere; for it is one of the functions of the so-called sub-conscious; but he is aware of his breathing. This is one place where he can consciously increase the intake of vitality and new energy, with deep, rhythmic breathing; for the living ethers are carried in and out of the system by the tides of breathing. Deep breathing also in-

creases the discharge of poisons or waste matter from the system on the out-going breaths. More poisons are eliminated from the body through the pores of the skin and by exhaling air than through the urine and feces.

#### CAN YOU FACE YOURSELF?

The cause of disease is deeper than the conscious mind. This is why there are so few real cures by modern medicine. The doctor is not trained to search for deeper causes, he treats only symptoms. A patient generally does not want to seek the deeper cause for it means a fundamental change in behavior -- usually giving up a pet vice or long-indulged habit. Few people care to face themselves as they really are, but this is what must be done for a real and last cure.

Accidents take us into a slightly different aspect of the relation between man and his bodies. Accidents are caused by inharmony between the soul and personality. The pain and shock of an accident are an experience which teaches the personality something. The soul or Higher Self possesses fore-knowledge of what is to happen. This is true of any given situation in the life and it is true of life as a whole. At its own level of being, before choosing birth, the soul has the power to accept or reject the kind of life offered. In some cases where a baby dies after only a few months or years of earth life it can be assumed that the overshadowing or in-dwelling soul realizes it has made a mistake; so it withdraws from the physical to try at another time and another place more harmonious to its evolutionary needs.

This kind of motive for coming into and out of physical life is too deep for mortal man to perceive. His vision is too limited. Yet a life of suffering may have been the soul's choice before birth. Thus the causes of some deep-rooted diseases were in the etheric double before the physical body was formed in the mother's womb. Their manifesting later in life as heart trouble, tuberculosis, cancer or whatever was part of the soul's choice or plan before taking embodiment. Thus it is not our place to judge the suffering of others just by what we can observe at the physical level with our five senses. If this kind of karma is the cause of disease the personality will reject methods and healers who might have the power to cause a cure -- until the suffering is paid out or the quality of persistence or endurance is built in to the character.

Each person, or we should say each soul, chooses the path of joy or suffering to be walked in this particular life. This use of free will is man's alone, a gift of the all-wise Father to His children. For man, through experience, there comes the realization of God's Power, Wisdom and Love.

The common emotions of anger, greed and jealousy bring the simple diseases. We might call these the outer emotions. Deep-

rooted fears close the etheric body so the creative energies turn inward. One result of this kind of blockage is cancer, a consuming vortex of negative energy turned in on itself. Fear and worry can also cause liver trouble. In fact, violent emotions of any kind can affect the liver, interfering with its filtering function. This means that poisons are not completely removed from the bloodstream. Disease lives on sewage left in the body.

One of the common outer emotions is backache. This can be caused by or is the result of self pity. Self pity can also affect the kidneys adversely. An uncontrolled mind means uncontrolled emotions.

The great majority of people have little control over their minds. For anyone, but especially for the student of metaphysics searching for Truth, a controlled, positive state of mind is most important.-- because a controlled mind, and stable emotions, mean inner harmony. Without this the flower of Spiritual growth cannot bud or blossom. You must practice moderation in all things if you would have the peace of mind which leads to understanding. This moderation should include the quality and quantity of food, as indigestion is caused by the conscious mind.

#### OUTSIDE HELP

The psychic or spiritual healer works on the etheric double to relieve congestion or blockage of the flow of vitality. He cannot heal everyone nor are his cures likely to be permanent unless he can take the time and the trouble to delve deeply into the real cause of the patient's troubles. The spectacular psychic surgery of Tony Agpaoa of the Philippines is not likely to be any more successful than the orthodox surgery unless followup work is done to promote understanding. The patient must be encouraged to help himself by correcting the mental and emotional pattern which created the disease, if there is to be a successful cure. This is true of all Psycho-Spiritual healing. This is really what is meant by redemption in the Gospels. The sufferer redeems himself by accepting responsibility for the negative condition and consciously shifting to a positive, higher mental and emotional condition.. This contact with force centers above the diaphragm must be maintained or the sufferer will lapse back into the old condition.

Medical treatment in the New Age is going to place much more emphasis on the use of astrology in diagnosis and treatment. The Zodiac with its 12 constellations of stars is the key to this. All members of the human family are dominated by one or another of these 12 rays streaming constantly and rhythmically from these groups of heavenly suns. All medicinal herbs can be classified under one of the 12 signs of the Zodiac. There is an herb for every disease, use of which would be a physical reinforcement of the healing ray directed into the affected center. To find the right herb or medicine, the New Age healer will have to know the vibratory rate and color of the herb, and whether or not that

rate harmonizes with the patient's personal ray. If the healer doesn't have enough psychic sensitivity to know intuitively which herb or color is harmonious to the problem at hand, he can learn to use a physical indicator such as a radionics instrument or the pendulum of radiesthesia.

Doyle says the most powerful numbers for mankind at present are four and three, the square and the triangle. It might be said that these are the mathematical symbols of life and bases for world calculations including that great structure, the pyramid of Cheops in Egypt.

The study of the rays is simplified by the fact that they can be grouped under the four elements: Fire, Earth, Air and Water as shown on page 33.

#### BECOME AN ASTROLOGER

The New Age healer must be able to cast his patient's horoscope to help him to determine colors and healing rates which are effective. The soul ray would endure for the person's entire human evolution but the personality ray would differ from one incarnation to another, for the sake of experience. Part of the job of casting the horoscope will be to determine the patient's soul and personality ray numbers. This is the first step. If present day astrology has no method for determining soul ray number, one will certainly be worked out by demand. The second step is to find the appropriate remedy under the personality ray. This would be for common ordinary diseases which largely affect the lower centers; but for the deeper karmic diseases carried over from a previous life, the soul ray would have to be taken into consideration if a cure is to be affected. It should be obvious that a person living under a certain Zodiacal sign will be prone to illnesses common to that sign, with personal variations, of course. The accumulation of clinical data in the New Age should verify this.

## THE ZODIACAL RAINBOW OR COLOR TONE

An American radionist of considerable experience and creative ability wanted to add color therapy to his Etheria Medica. He found that by tuning his radionics instrument to Babbitt's color chart he could detect or identify the correct color vibration for his subject. Furthermore, this specific color came in from a specific compass direction.

Fine. Then when he checked the subject's condition the next day on the diagnostic instrument there was usually a change for the better AND a different color rate was indicated! This was a fine verification of the technical skill of the operator and his diagnostic machine but it required a constant and annoying adjustment of the broadcast instrument.

Meditating on this problem one day he saw a vision of a simple, receiver which would pick up the Zodiacal color rays coming in from all directions of the compass. This Cosmic light could then be channeled to the subject's body with an insulated copper lead wire and a small metal plate. This could be laid over the affected area to re-polarize or balance the condition.

He saw the color antenna or receiver as a simple copper disc, six inches in diameter. This was dimpled or dented in the center. The lead wire was put through a small hole in the bottom of the dimple and soldered to the disc there. Later it occurred to him to step up the color vibrations by running the lead wire through two Model A Ford coils in series.

He found that this Rainbow Toner was just as effective as his broadcast instrument and it was a fairly inexpensive device which the subject could borrow or buy to take home with him. There he could use it as often as he liked. The Higher Self selected the color vibration needed for polarization of the difficulty at that time.

### A WATER SOFTENER?

Our dedicated detective of the Ethers was called to a chicken ranch to discover why half the chickens were droopy and listless. With his radionics instrument he determined that the sick birds were suffering from a common source of infection, strep. The ranch water seemed to be the source of the strep bug that was bothering the chickens but not the humans. Strep had apparently gotten into the huge, open-roofed water storage tank. The radionist decided to kill the bacteria and change the polarity of the water from negative to positive by connecting it to the sky.

On a short pole attached to the roof of the tank he placed a 24 inch square copper plate in a horizontal position. He depres-

sed or dimpled the copper plate at the center with a ball peen hammer, drilled a hole through it and attached a long, bare copper lead wire. This was dropped down into the water, long enough to reach all the way to the bottom. Two Model A Ford coils were in series in the circuit to step it up.

The color treatment was effective for a in a few days the chickens were back to good health. There were also a couple of side effects which are of interest to borderlanders and students of metaphysics.

#### PERFUMED MANURE

After the polarity change in the water the ranch owner was surprised to note a lessening in the number of flies around the chicken cages. The manure stacks didn't seem to attract them like they had before.

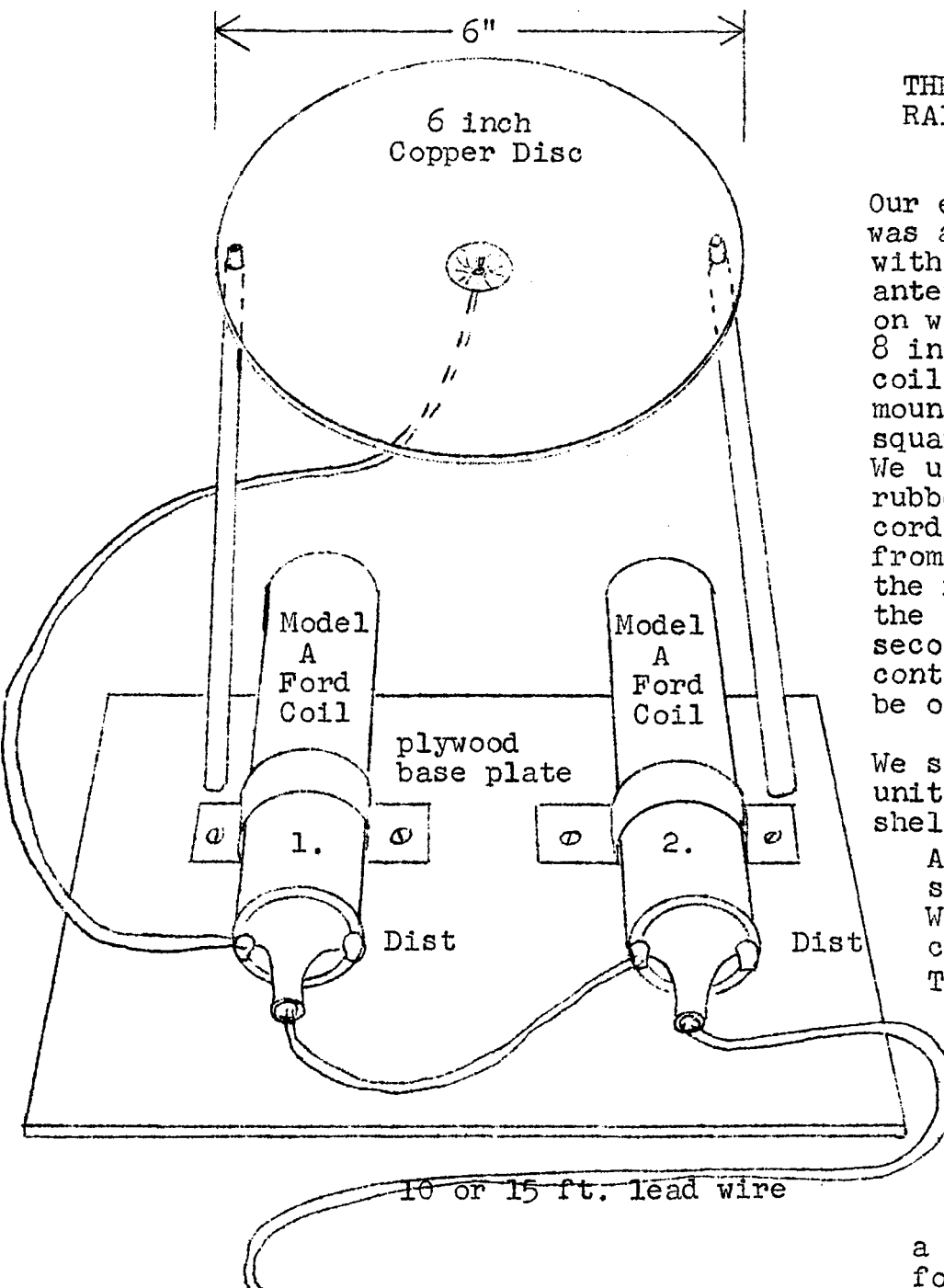
The ranch owner's wife wanted to know what the hell that borderland nut had done to the house's water supply. Soap suds were flooding out of the laundry machine all across the kitchen floor! She hadn't changed the kind or quantity of soap she was using. The change must have been in the water!

By experience and experiment the radionist found that the larger size copper plate did not increase the effectiveness of the Rainbow Tone device; so he went back to the original six inch round disc. Apparently wave lengths of three inches or less are most effective in this area of research. He also discovered by trial and error that the device wont work unless the antenna is at least five feet or more above the ground. There has to be at least this much difference between the "earth and the sky" for polarity changes to be affected -- or current flow if you like.

Another noteworthy case was a man who had been suffering gnawing pains in his stomach for years. Allopathic medicine had failed to help him. The radionics instrument indicated stomach worms. He was told to take the Rainbow Toner home with him, and lie down for two hours with the contact plate at the end of the lead wire resting on his bare belly. Then he was to take a strong laxative, one and a half times the amount he usually took. In the strong bowel movement that followed he passed half a dozen live worms several inches long.

At present orthodox medical science has no way of determining the presence of live, parasitic organisms of this kind in the body. Yet under the theory of radiant energy all living organisms must have a characteristic rate, expressable in numbers, whatever the scale chosen. A skilled and competent radionist can discover that rate, whether the subject organism is inside or outside another body, and this without the surgery of an exploratory operation or drilling holes in living cells with hard X-rays.





# THE ZODIACAL or RAINBOW COLOR TONER

Our experimental Toner was assembled like this with the copper disc antenna mounted flat on wooden dowels about 8 in. above the Ford coils. These were also mounted flat on a 9 in. square plywood board. We used standard, white rubber insulated lamp cord for all wire leads, from the antenna to the first coil, between the coils, and from the second coil to the lead contact plate. It can be other metal.

We set the assembled unit up on a closet shelf out of the way.

All lead wires are single, by the way. We split the lamp cord down the middle.

The lead wire from Coil No. 2 to the body contact plate should be long enough to easily reach from location on shelf or high dresser to a subject lying comfortably on a bed.

There are three contacts on the top of each Ford coil. Do not use the one marked Dist. Remember, there is no measurable electricity flowing in this circuit; so there's no use in arguing with anyone about it. This is not just a mental device and the parts must be kept in a logical relationship, though their dimensions are not critical.

Metal contact plate  
2x3 1/2 in.

## CLAIRVOYANT DIAGNOSIS, AN INCURABLE PATIENT

Case A, from Chapt. III, Geoffrey Hodson's "Science of Seership", Cerebral tumour. Female, aged 21. Medical Report.

This case appeared to have a perfectly sound constitution with no disease, except that there were short periods of weakness which occurred at about thirteen.

Suddenly, in September 1924, strange visual phenomena began; objects were seen in duplicate or divided into two, as if on different planes. This lasted for a few weeks; then general weakness set in, sight diminished, and finally disappeared from the left eye. The right eye followed suit after a few months. The ability to balance was also affected, until the patient could not stand.

The doctors diagnosed tumour of the brain, and tried to extirpate the tumour, but unsuccessfully, owing to severe haemorrhage. Four months later a slight stroke of apoplexy occurred, from which the patient recovered with great difficulty. She has now found the use of her legs again, but sees no more, hears little, and cannot walk without leaning; nevertheless, she is up every day, though she lies down most of the time.

At all times the intelligence has been most lucid, and the memory perfect. She seems to have made a slight improvement; her faith in recovery is now assured, but there is no change in her blindness.

(Using Clairvoyant sight, an extension of physical vision, Hodson discovered these interesting facts about the case.)

There is a tumour the size of the terminal phalanx of the little finger in the position of the Optic Chiasma. It is composed of practically solid tissue, at the centre of which is a small body of an irritant nature. The direction of its growth is upwards; in shape it is like a broad bean with the convex surface downwards, and the central source of the irritation is the "hilum" of the bean, occupying a space about 1/6th of an inch in diameter; there is some congealed blood at the base of the tumour surrounding this. The tumour does not look malignant, inflammatory, or unhealthy; but it is increasing in size, and is caused by an impurity in the blood-stream which first set up the primary irritation. The only hope lies in the possibility of the primary irritant being removed and the blood-stream purified. The impurity seems to have been there since birth.

The Karma of having inflicted torture appears to be the root cause. In a previous life, as a male, under orders from a superior, with Y-shaped iron instruments she had burnt out the eyes of certain victims who were condemned to that particular form of punishment. It was in a remote period, in the district where Carthage

was later built, when such tortures were not regarded as being so terrible as they would be nowadays, and were the recognized custom of the country. Nevertheless, the pain was so terrible to the victims that many of them died under it.

Inwardly the patient revolted against the office, and obeyed only through fear. The physical Karma is therefore worse than than the moral and spiritual. In this life the physical Karma will probably be exhausted. The chances of recovery are very remote, and a miracle would be demanded to effect it. The latest news of the patient confirms this last conclusion.

#### FORGIVENESS IS HEALING

From "Ambassadors of God's Healing" by Rev. Alfred W. Price, St. Stephen's Episcopal Church, Philadelphia, Pa.

In the quarter of a century in pastoral counseling in St. Stephen's Church I have found that there has been a great increase in mental and nervous disorders, and I have found that many of these troubles have their roots in moral disorders. Spiritual healing, therefore, is not an additional form of therapy to be tried when all else has failed; it is central to the whole problem of health and healing.

Some years ago a man came into my study and said, "You have no doubt observed me at your Thursday Healing Services. I have been coming for quite some time. I know there is reality in this service because so many of my friends have received real help and healing through the laying-on-of-hands with prayer. But I am still in the same miserable condition as when I first came. What am I doing that I should not be doing? What shall I do that I am not doing?"

I put him on my spiritual operating table to see what was blocking God's wisdom, guidance and healing power. He started out by saying he had really come to get surgical help.

"You know a number of outstanding surgeons in this city," he said. "I want you to recommend a doctor who will cut me open and find out what's causing my trouble. A friend of mine had an operation recently and several feet of his intestines were removed and it gave him great relief. Do you think that will help me?"

"Have you been to a doctor?" I asked.

"Yes," he said, "a number of them."

"What did they say?"

"Why, they said that nothing is wrong with me."

"Congratulations," I replied.

"That doesn't help me," he said. "I have a serious heart condition and I will die on the street if I don't get help. For the past twenty years I haven't been able to keep a job for more than three days. I get up in the morning feeling fine and then in about half an hour I begin to get depressed, worried and anxious. I can't pass a drug store without going in to inquire about the latest health drugs. I can't understand it. I don't smoke or drink yet these heart palpitations are killing me."

I could see that this poor man was suffering from some deep guilt complex. He should be well and strong physically. He had taken good care of that during his life. He had a good education and engineering competence. He did reveal, however, serious symptoms of emotional disturbance and was close to the melancholia state. It seemed that he was literally hitting himself over the head with a big club and saying to himself, "You don't deserve to hold down a good job. You don't deserve to have good health. You don't deserve to have friends say nice things to you."

"There must be something in your subconscious mind that is causing you trouble," I continued to him. "I want you to go back twenty years ago and tell me about it."

"What has my private life got to do with this?" he hemmed and hawed. "All I need is an operation and then I will be all right again. I don't smoke or drink." . . . .

It took several interviews with prayer in depth before he finally confessed to a sexual sin. He had been so ashamed of himself that he had not been able to forgive himself, let alone accept God's forgiveness. In fact, he thought of forgiveness as a bookkeeping transaction. To compensate for his sin he resolved not to smoke or drink for the rest of his life. This, he thought, would wipe clean the slate. He had, in fact, practically forgotten the original incident, but the poison (the sigh or seal in his aura!) was still there working itself out in his present physical and mental distress (reinforced with over 8000 in-breathings and out-breathings a day).

I explained about Christ's forgiveness, that there was nothing for him to pay, that Christ had paid for it on the Cross, that it was primarily a matter of his acceptance through faith as a gift from a loving Father. It was a matter of reconciliation.

He went away greatly relieved, and returned each Thursday for a number of weeks, but would ask me each time at the end of the service if I thought that God had really forgiven him. I tried to give him the hurried reassurance that my time allowed as the congregation filed out the door, but it was obvious that I had failed to get the idea over to him. One of the main determining factors in neurosis is the clinging to a sense of guilt, conscious or unconscious. People will not give up their suffering.

Finally, one Tuesday morning, he put his head inside my study door and asked the question again.

"Do you really feel God has forgiven me?"

By this time my patience was near the breaking point and I said to myself, "I'm going to put an end to this business, once and for all. I am going to give him my spiritual shock treatment." So I put on all my Episcopal Vestments and almost literally taking him by the back of the neck, I marched him down the long aisle of the Church to the High Altar and put him on his knees at the rail, and, taking my place on the inside of the rail, and with all the authority I could muster, I put my hands on his head, and said:

"By the power invested in me as a priest in the Church of the Living Christ, I hereby absolve you of your sins, the crooked things in you life that you have confessed, the wayward things, the selfish things, the self-pity, the self-conceit, and the big things too. You are now turning from them and turning to God and there is nothing in you to dim His light and His love; nothing in you to stop the flow of God's Peace into the world. You have no merit of your own to offer. Simply and trustingly you have come to God as a child approaches a kind father. I hereby give you the assurance of pardon, the sense of release, the freedom of forgiveness. Go, and sin no more! Amen."

When he found himself on the sidewalk and recovered from his shocking yet moving experience -- as he later described it to me -- he said to himself, "If I was ever forgiven it was when that clergyman put on his ecclesiastical robes and, with two thousand years of the authority of the Church behind him, gave me the assurance of God's forgiveness."

He had left the Altar rail with such a feeling of joy and inner release that he ran down the aisle, out into the street on a bitter cold day, and arrived home oblivious to the fact that he had left his coat, hat and rubbers in my study!

Subsequent creative life, free of physical and mental illness, has testified to his permanent healing. Forgiveness is healing. Healing is forgiveness!

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